



## Coastal Sunbelt's local produce market report.

Week of Jul 30, 2018  
Katie Farnoly, Coastal Local Program



**\*\*Local Cases: 14,517. Local Dollars: \$185,348 (week of 7/17/18)\*\***

### Updates:

- Local organic bicolor corn, NJ
- Local organic blueberries done for the season.
- Local organic squash, yellow, PA.
- Local organic red grape tomatoes, NJ.
- Local corn, white, yellow, bicolor in stock, DE.
- Local mustard greens, MD, gapping this week.
- Local green beans, gapping this week.
- Local arugula, VA. **NEW ITEM**
- Local specialty beets, red, chiogga, golden, white, PA. **NEW ITEM**
- Local cucamelon, MD.
- Local plums available with a pre-order from PA. Pricing higher for start of season. Contact sales rep for more info.

### Local News:

**Local arugula, VA.** Check out this new item from Bright Farms that should be available year-round.





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### Current Local Availability List

\*\* (many local vendors): means this code is sourced by multiple local vendors. See other states to see who else is supplying this code

\*\* **Code in yellow**: means it is PARTIALLY sourced locally. If your order must be 100% local, you must contact your sales rep to see if we can hand-select guaranteed local product for you.

### MARYLAND

Cuc065	Cucamelon, 1 lb.	Baywater Farms, Salisbury, MD
Gre03	Collards	Richardson Farms, White Marsh, MD (many local vendors)
Gre09	Mustard greens <b>GAPPING</b>	Richardson Farms, White Marsh, MD (many local vendors)
Gre10	Turnip greens	Richardson Farms, White Marsh, MD (many local vendors)
Hon03	Honey 1 gal.	Apex Bee, Baltimore, MD
Hon06	1.5 or 2oz. raw honey	Apex Bee, Baltimore, MD—preorders only!
Kal01	Kale, curly	Richardson Farms, White Marsh, MD (many local vendors)
Let471	Springmix, clamshell	Baywater Farms, Salisbury, MD
Let221	Microgreens, rainbow, 8oz.—preorders only!	Baywater Farms, Salisbury, MD
Pep351	Peppers, Purple	Baywater Farms, Salisbury, MD
Pep408	Peppers, shishito, 10#	Baywater Farms, Salisbury, MD
Pep409	Peppers, shishito, clamshell	Baywater Farms, Salisbury, MD—preorders only!
Spr05	Sprout-Bean 10#	Yong Fa, Columbia, MD (many local vendors)
Spr050	Sprout-Bean 1#	Yong Fa, Columbia, MD (many local vendors)
Spr061	OG Sprout-Daikon 6/4oz.	Potomac Sprout Co., Thurmont, MD—preorders only!
Spr062	Sprout-Daikon 6/4oz.	Yong Fa, Columbia, MD—preorders only!
Spr071	OG Sprout-Broccoli 6/4oz.	Potomac Sprout Co., Thurmont, MD
Spr09	Sprout-Alfalfa 5#	Yong Fa, Columbia, MD (many local vendors)
Spr091	OG sprout-alfalfa 5#	Potomac Sprout Co., Thurmont, MD
Spr25	Sprouts-clover 12/4oz.	Yong Fa, Columbia, MD
Spr26	Sprout-Clover 5#	Yong Fa, Columbia, MD
Squ067	Squash blossoms, 15 ct.	Baywater Farms, Salisbury, MD
Tom271	Sungold tomatoes	Baywater Farms, Salisbury, MD Salisbury, MD
Tom461	Tomato, Baby Heirloom Local	Baywater Farms, Salisbury, MD
Tom65	Heirloom tomatoes, local	Baywater Farms, Salisbury MD (many local vendors)

### DISTRICT OF COLUMBIA

Mic671	Edible flowers, mixed, 35ct.	Little Wild Things Farm, District of Columbia
Mic672	Edible flowers, mixed, 100ct.	Little Wild Things Farm, District of Columbia
Mic673	Micro-beets	Little Wild Things Farm, District of Columbia —preorders only!
Mic674	Micro-Shungiku	Little Wild Things Farm, District of Columbia —preorders only!



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Mic675	Micro-parsley	Little Wild Things Farm, District of Columbia —preorders only!
Mic676	Micro-sunflower shoots 1#	Little Wild Things Farm, District of Columbia —preorders only!
Mic677	Micro-pea tops	Little Wild Things Farm, District of Columbia —preorders only!
Mic771	Shoot salad, 1#	Little Wild Things Farm, District of Columbia
Spr117	Wheatgrass flat	Little Wild Things Farm, District of Columbia
	Coastal Collection-preorders only!	Little Wild Things Farm, District of Columbia

### PENNSYLVANIA

Arr02	Hydro Arugula 2 lb.	Lakeville Specialty Produce, Washingtonville, PA
Bee01	Beets, loose 25 lb.	Stauffer Huling Farms, PA
Bee03	Beets, bunched w/ tops	Stauffer Huling Farms, PA ( <i>many local vendors</i> )
Bee201	Beets, white	Stauffer Huling Farms, PA
Bee202	Beets, chioggia	Stauffer Huling Farms, PA
Bee203	Beets, golden	Stauffer Huling Farms, PA
Cuc01	Cucumbers, select	Stauffer Huling Farms, PA ( <i>many local vendors</i> )
Cuc03	Cucumbers, super select	Various NJ farms (Leone)
Egg08	Eggplant	Stauffer Huling Farms, PA ( <i>many local vendors</i> )
Gre290	Red Sorrel, hydro	Lakeville Specialty Produce, Washingtonville, PA
Kal300	OG kale	Lancaster Farm Fresh Cooperative, Lancaster, PA
Kal312	OG kale, lacinato	Lancaster Farm Fresh Cooperative, Lancaster, PA
Let23	Mache, hydro	Lakeville Specialty Produce, Washingtonville, PA
Let27	Mizuna, hydro	Lakeville Specialty Produce, Washingtonville, PA
Mus01	Button mushroom 10 lb.	C&M Mushrooms, Avondale, PA ( <i>many local vendors</i> )
Mus17	Large mushroom 10 lb.	McDowell Mushroom, Nottingham, PA
Mus19	Medium mushroom 10 lb.	McDowell Mushroom, Nottingham, PA ( <i>many local vendors</i> )
Mus23	Oyster Mushroom 5 lb.	McDowell Mushroom, Nottingham, PA ( <i>many local vendors</i> )
Mus27	3" Portabella Cap 5 lb.	C&M Mushrooms, Avondale, PA ( <i>many local vendors</i> )
Mus28	XL Port. Caps 5 lb.	C&M Mushrooms, Avondale, PA
Mus295	XL Port. w/ Stem 5 lb.	McDowell Mushroom, Avondale, PA
Mus30	Large Port. w/ Stem 5 lb.	McDowell Mushroom, Avondale, PA ( <i>many local vendors</i> )
Mus31	Shiitake Mushroom 3 lb.	McDowell Mushroom, Nottingham, PA ( <i>many local vendors</i> )
Mus32	#2 Shitake 3lb.	McDowell Mushroom, Avondale, PA
Mus33	Special 40 oz. Mushroom	C&M Mushrooms, Avondale, PA ( <i>many local vendors</i> )
Mus80	Sliced White ¾", 10 lb.	C&M Mushrooms, Avondale, PA ( <i>many local vendors</i> )
Mus81	Sliced Cremini	McDowell Mushroom, Nottingham, PA ( <i>many local vendors</i> )

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Mus89	Sliced Shiitake	C&M Mushrooms, Avondale, PA
Pot44/444	Potato, 50 lb. Chipping	Bender Potato Co., Chambersburg, PA
Squ11	Squash, green medium	Stauffer Huling Farms, PA ( <i>many local vendors</i> )
Squ13	Squash, green fancy	Stauffer Huling Farms, PA ( <i>many local vendors</i> )
Squ21	Squash, yellow medium	Stauffer Huling Farms, PA ( <i>many local vendors</i> )
Squ23	Squash, yellow fancy	Stauffer Huling Farms, PA ( <i>many local vendors</i> )
Squ301	OG Squash, green	Lancaster Farm Fresh Cooperative, Lancaster, PA
Squ304	OG Squash, yellow	Lancaster Farm Fresh Cooperative, Lancaster, PA
Tom314	OG heirloom tomatoes	Lancaster Farm Fresh Cooperative, Lancaster, PA <b>-LIMITED</b>
Tom65	Heirloom tomatoes, local	Stauffer Huling Farms, PA ( <i>many local vendors</i> )
Wat02	Hydro Upland Cress 2#	Lakeville Specialty Produce, Washingtonville, PA

### DELAWARE

Cor01	Corn, white	Papen Farms, Dover, DE
Cor02	Corn, bicolor	Fifer Orchards, Camden, DE
Cor03	Corn, yellow	Papen Farms, Dover, DE
Pec02	Peaches, local	Fifer Orchards, Camden, DE ( <i>many local vendors</i> )
Pec08	Peaches, 2 1/4"	Fifer Orchards, Camden, DE
Tom132	Tomatoes, local	Fifer Orchards, Camden, DE ( <i>many local vendors</i> )

### NEW JERSEY

Arr03	Arugula, case	Various NJ farms (Leone)
Bee03	Beets, bunched w/ tops	Various NJ farms (Leone) ( <i>many local vendors</i> )
Ber072	Blueberries	Various NJ farms (Sunny Valley)
Bok04	Baby Bok Choy, bushel	Various NJ farms (Leone)
Cab05	Cabbage, red	Various NJ farms (Leone)
Cil300	OG cilantro	Various NJ farms (Leone)
Cor301	OG Corn, bicolor	Various NJ farms (Leone)
Cuc01	Cucumbers, select	Various NJ farms (Leone) ( <i>many local vendors</i> )
Cuc03	Cucumbers, super select	Various NJ farms (Leone)
Egg01	Eggplant, fancy	Various NJ farms (Leone) ( <i>many local vendors</i> )
Egg08	Eggplant	Various NJ farms (Leone) ( <i>many local vendors</i> )
End01	Endive, Chicory	Various NJ farms (Leone)
Her50	Mint, case	Various NJ farms (Leone)
Koh01	Kohlrabi	Various NJ farms (Leone)
Let09	Escarole, 24 ct.	Various NJ farms (Leone)
Let40	Corn Shoots, 4oz.	Arc Greenhouse, Shiloh, NJ
Gre01	Dandelion greens	Various NJ farms (Leone)
Her23	Dill	Various NJ farms (Leone)
Her90	Methi Leaf	Various NJ farms (Leone)
Pec02	Peaches, Local	Various NJ farms (Leone) ( <i>many local vendors</i> )
Pep151	Peppers, green XL	Various NJ farms (Leone)
Rad07	Radishes w/ tops	Various NJ farms (Leone)

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Spi22	Spinach, baby 3#	Five Star (Leone)
Squ11	Squash, green medium	Various NJ farms (Leone) <i>(many local vendors)</i>
Squ13	Squash, green fancy	Various NJ farms (Leone) <i>(many local vendors)</i>
Squ21	Squash, yellow medium	Various NJ farms (Leone) <i>(many local vendors)</i>
Squ23	Squash, yellow fancy	Various NJ farms (Leone) <i>(many local vendors)</i>
Squ33	Squash, green medium	Various NJ farms (Leone) <i>(many local vendors)</i>
Tom300	Org tomatoes, red grape, 12 pt	Various NJ farms (Leone) <i>(many local vendors)</i>
PREORDER	leaf lettuce, fava beans, English peas, chard, summer squash, cilantro, basil, collards, kale, Tuscan kale, mustard greens, flat parsley, curly parsley, spinach loose, baby spring mix, savoy cabbage, napa cabbage	Various NJ farms (Leone)

### WEST VIRGINIA

Let41	Hydro Bibb Lettuce-Clamshells	Mock's Greenhouse, Berkeley Springs, WV <i>(many local vendors)</i>
Wat011	Hydro Watercress	Mock's Greenhouse, Berkeley Springs, WV

### VIRGINIA

Arr061	Arugula, local	Bright Farms, Culpepper, VA
Bea01	Beans, green <b>GAPPING</b>	C&E Farms, Cheriton, VA
Ber135	Blackberries, local	Cole Berry Farms, Vernon Hill, VA
Egg01	Eggplant, fancy	Kirby Farms, Mechanicsville, VA <i>(many local vendors)</i>
Egg08	Eggplant	Kirby Farms, Mechanicsville, VA <i>(many local vendors)</i>
Gre09	Mustard greens	Kirby Farms, Mechanicsville, VA <i>(many local vendors)</i>
Gre10	Turnip greens	Kirby Farms, Mechanicsville, VA <i>(many local vendors)</i>
Her115	CERT. OG. Living Basil 12 ct. (OG or conv) —preorders only!	Fresh20 Growers, Stevensburg, VA
Kal01	Kale, curly	Kirby Farms, Mechanicsville, VA <i>(many local vendors)</i>
Let15	Hydro Loose Bibb Lettuce (OG or conv)	Fresh20 Growers, Stevensburg, VA <i>(many local vendors)</i>
Let161	Mixed Artisan Lettuces	Fresh20 Growers, Stevensburg, VA—preorders only!
Let41	Hydro Bibb Lettuce-Clamshells	Fresh20 Growers, Stevensburg, VA
Lett41	Hydro Bibb Lettuce-Clamshells	Fresh20 Growers, Stevensburg, VA <i>(many local vendors)</i>
Let418	CERT. OG. Hydro green bibb-clam	Fresh20 Growers, Stevensburg, VA
	Hydro green and red Batavian, green and red oak leaf, red butter (OG or conv)—preorders only!	Fresh20 Growers, Stevensburg, VA
Let468	Local Asian lettuce mix	Bright Farms, Culpepper, VA—preorders only!
Spr04	Onion sprout, 12/3oz.	Snider's Sprouts, Springfield, VA
Spr05	Bean Sprouts 10 lb.	Snider's Sprouts, Springfield, VA <i>(many local vendors)</i>
Spr050	Bean Sprouts, 1 lb.	Snider's Sprouts, Springfield, VA <i>(many local vendors)</i>



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Spr08	Alfalfa Sprouts 10/1 lb.	Snider's Sprouts, Springfield, VA
Spr09	Alfalfa Sprouts 5 lb.	Snider's Sprouts, Springfield, VA <i>(many local vendors)</i>
Spr10	Alfalfa Sprouts 12/4 oz.	Snider's Sprouts, Springfield, VA
Spr146	Sunflower microgreen	New Day Farms, Bealeton, VA
Spr147	Sunflower/kale microgreen	New Day Farms, Bealeton, VA
Spr148	Sunflower/radish microgreen	New Day Farms, Bealeton, VA
Squ11	Squash, green medium	Kirby Farms, Mechanicsville, VA <i>(many local vendors)</i>
Squ13	Squash, green fancy	Kirby Farms, Mechanicsville, VA <i>(many local vendors)</i>
Squ21	Squash, yellow medium	Kirby Farms, Mechanicsville, VA <i>(many local vendors)</i>
Squ23	Squash, yellow fancy	Kirby Farms, Mechanicsville, VA <i>(many local vendors)</i>
Tom132	Tomatoes, local	Kirby Farms, Mechanicsville, VA <i>(many local vendors)</i>
Tom138	Tomatoes, Hanover County	Kirby Farms, Mechanicsville, VA

### DAIRY MARYLAND

Chs150	Allegheny Chevre Firefly Farms 9oz—preorders only!	Firefly Farms, Accident, MD
Chs1502	Black and Blue Wheel Firefly 5#—preorders only!	Firefly Farms, Accident, MD
Chs1504	Cabra La Mancha wheel Firefly 4-5#—preorders only!	Firefly Farms, Accident, MD
Chs1505	Allegheny Chevre Firefly Farms 4#—preorders only!	Firefly Farms, Accident, MD
Chs1506	FireFly cheese collection	FireFly Farms, Accident, MD
Chs151	5 lb. Aged Cheddar	Palmyra Farm, Hagerstown, MD
Chs1511	5 lb. Smoked Cheddar	Palmyra Farm, Hagerstown, MD
Chs1513	5 lb. Bacon Cheddar	Palmyra Farm, Hagerstown, MD
Chs153	5 lb. Goat Cheddar	Caprikorn Farms, Gapland, MD
Chs1530	5 lb. Goat Feta	Caprikorn Farm, Gapland, MD
Chs154	5 lb. Goat Gouda	Caprikorn Farms, Gapland, MD
Chs158	Merry Goat Round Firefly Farms 4/9oz—preorders only!	Firefly Farms, Accident, MD
Chs159	Mountain Top Blue Firefly Farms 4/9oz—preorders only!	Firefly Farms, Accident, MD
	smoked cheddar, bacon dill, smoked bacon dill, Italian, garlic and chive, gouda, Havarti, Chesapeake (10/8oz. or 5# block)—preorders only!	Whispering Breeze Farm, Taneytown, MD
Chs442	Cheddar, 5# block	Whispering Breeze Farm, Taneytown, MD
Chs444	Jalapeno cheddar, 5# block	Whispering Breeze Farm, Taneytown, MD
Chs445	Smoked cheddar, 5# block	Whispering Breeze Farm, Taneytown, MD

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**PENNSYLVANIA**

Chs1342	Frozen Mozzarella Curd 24/1#	Caputo Bros. Creamery, Spring Grove, PA
Chs942	Ricotta, Whole Milk, 16/1#—preorders only!	Caputo Bros. Creamery, Spring Grove, PA
Dai062	Whole Milk 4/1 gal.	Kreider Farms, Manheim, PA
Dai10	Half & Half 16/1 qt.	Kreider Farms, Manheim, PA
Dai12	Buttermilk 16/1 qt.	Kreider Farms, Manheim, PA
Dai361	50x ½ pint choc. Milk 1%	Kreider Farms, Manheim, PA
Dai41	Unsalted Butter-Bulk	Trickling Springs Creamery, Chambersburg, PA
Dai443-449	Yogurt, plain and flavored 6/6oz and 6/1qt. —preorders only!	Pequea Farms via Trickling Springs Creamery, Chambersburg, PA
Egg09	Lg. Loose Egg 15 dz.	Kreider Farms, Manheim, PA
Egg10	Lg. Brown Cartons 15 dz.	Kreider Farms, Manheim, PA
Egg11	Hard Boiled Eggs 20 lb.	Nearby Eggs, Codorus, PA, Hillandale Farms, Hartley, DE
Egg12	XL Carton 15 dz.	Kreider Farms, Manheim, PA
Egg242	Lg. Eggs 15 dz. — <b>CAGE FREE</b>	E.K. Martin, Levitz, PA
Egg18	XL Loose Eggs 15 dz.	Nearby Eggs, Codorus, PA
Dai361	50x ½ pint choc. Milk 1%	Kreider Farms, Manheim, PA

**REGIONAL**

Pot318	Fingerling	Scott Farms, Lucama, NC
Pot45	Steakhouse Sweet Potato	Scott Farms, Lucama, NC
Pot451	Sweet #1 Potato	Nash Produce, Nashville, NC
Pot454	Sweet Potato 90 ct.	Scott Farms, Lucama, NC
Pot455	70 count Sweets	Scott Farms, Lucama, NC
Pot456	12-3# Sweets	Scott Farms, Lucama, NC
Pot47	Jumbo Sweet Potato	Scott Farms, Lucama, NC
Pot49	White Sweet Potato	Scott Farms, Lucama, NC

**LOCAL VALUE ADDED FOOD BUSINESS**

App54	4x 1 gal. filtered Cider	McCutcheons, Frederick, MD
App544	4x 1 gal. unfiltered Cider	McCutcheons, Frederick, MD
Jui01	4x 1 gal. cloudy apple juice	McCutcheons, Frederick, MD
Kom01	Ginger-Grapefruit, 12 bt	Wild Kombucha, Lutherville-Timonium, MD
Kom02	Kombucha, Mango-Peach, 12 bt	Wild Kombucha, Lutherville-Timonium, MD
Kom03	Kombucha, Elderberry, 12 bt	Wild Kombucha, Lutherville-Timonium, MD
Kom04	Kombucha, Watermelon Hops, 12 bt	Wild Kombucha, Lutherville-Timonium, MD
Kom05	Kombucha, Tart Cherry-Ginger, 12 bt	Wild Kombucha, Lutherville-Timonium, MD
Kom06	Kombucha, Apple Spice, 12 bt	Wild Kombucha, Lutherville-Timonium, MD
May01	4x 1 gal. Duke's mayonnaise	The C.F. Sauer Company, Richmond, VA
May02	4x 1 gal. Gold Medal mayonnaise	The C.F. Sauer Company, Richmond, VA
Pic01	Dill Pickles 5 gal.	Kaplan and Zubrin, Campden, NJ

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Pic02	Pickle Spears 5 gal.	Kaplan and Zubrin, Campden, NJ
Pic06	Krinkle Cut Chips	Kaplan and Zubrin, Campden, NJ
Pic07	Kosher Midget Pickles	Kaplan and Zubrin, Campden, NJ
Sau02	Sauerkraut 5 gal.	Kaplan and Zubrin, Campden, NJ





Coastal Sunbelt's local produce market report.

**Fall Forecasted Local Availability**

**\*\*SUBJECT TO CHANGE\*\* All dates are forecasts. Volumes and prices may vary significantly with farm. Consult with your sales rep for more info.**

Item	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Apples												
Beans, butter												
Beets												
Beets, golden												
Baby Bok Choi												
Bok Choi												
Broccoli												
Cabbage												
Cabbage, red												
Cabbage, napa												
Cabbage, savoy												
Carrots, rainbow												
Cauliflower												
Cauliflower, purple and cheddar												
Chard, rainbow and swiss												
Collards												
Cranberries												
Fennel												
Garlic												
Kale												
Kale, tuscan												
Leeks												
Lettuce, boston												
Lettuce, leafy												
Lettuce, spring mix												
Onions, sweet												
Onions, scallions												
Pears, Asian												
Potatoes, sweet												
Potatoes, purple sweet												
Pumpkins												
Radish												
Radish												
Radish, daikon												
Radish, watermelon												
Rappini												
Romanesco												
Spinach, Baby												
Spinach, bunched												



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Item	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Squash, acorn												
Squash, butternut												
Squash, delicata												
Squash, kabocha												
Squash, kabocha orange												
Squash, kuri red												
Squash, spaghetti												
Turnips												
Turnips												
Turnips												
Yams												