



## Coastal Sunbelt's local produce market report.

Week of Mar 5, 2018  
Katie Farnoly, Coastal Local Program



**\*\*Local Cases: 10,259 Local Dollars: \$154,756 (week of 2/20/18)\*\***

### New:

- OG broccoli sprouts. New, niche local item from Potomac Sprout Co.
- Hummingbird Farms. Back in stock. Starting with beefsteaks and green tomatoes. Hope to have mixed cherry tomatoes and heirlooms in the next week or two.

### Local News:

**Featured Farm: Hummingbird Farms, MD.** Jen Sturmer and her team have been growing gourmet, hydroponic tomatoes for over 30 years on the 1.75 acre farm in Ridgely, MD on the Eastern shore. They have been a Coastal partner for 12 years and we proudly source their beautiful, delicious tomatoes for our customers. You'll find their tomatoes at food businesses throughout the local area. Hummingbird is the essence of a small, local family farm.





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### Current Local Availability List

\*\* (many local vendors): means this code is sourced by multiple local vendors. See other states to see who else is supplying this code

\*\* **Code in yellow**: means it is PARTIALLY sourced locally. If your order must be 100% local, you must contact your sales rep to see if we can hand-select guaranteed local product for you.

#### **MARYLAND**

App991	Apples, red, Colora	Colora Orchards, Colora, MD
Hon03	Honey 1 gal.	Apex Bee, Baltimore, MD
Hon06	1.5 or 2oz. raw honey	Apex Bee, Baltimore, MD—preorders only!
Let41	Hydro Bibb Lettuce - Clamshells	Baywater Greens, Salisbury, MD <i>(many local vendors)</i>
Let471	Springmix, clamshell	Baywater Greens, Salisbury, MD <b>GAPPING</b>
Let221	Microgreens, rainbow, 8oz.—preorders only!	Baywater Greens, Salisbury, MD
Spr05	Sprout-Bean 10#	Yong Fa, Columbia, MD <i>(many local vendors)</i>
Spr050	Sprout-Bean 1#	Yong Fa, Columbia, MD <i>(many local vendors)</i>
Spr071	Sprout-Broccoli 6/4oz.	Potomac Sprout Co., Thurmont, MD
Spr09	Sprout-Alfalfa 5#	Yong Fa, Columbia, MD <i>(many local vendors)</i>
Spr092	OG sprout-alfalfa 6/4oz.	Potomac Sprout Co., Thurmont, MD
Spr25	Sprouts-clover 12/4oz.	Yong Fa, Columbia, MD
Spr26	Sprout-Clover 5#	Yong Fa, Columbia, MD
Tom185	Green tomatoes	Hummingbird Farms, Ridgely, MD
Tom682	Beefsteak tomatoes	Hummingbird Farms, Ridgely, MD

#### **DISTRICT OF COLUMBIA**

Mic671	Edible flowers, mixed, 35ct.	Little Wild Things Farm, District of Columbia
Mic771	Shoot salad, 1#	Little Wild Things Farm, District of Columbia
	Coastal Collection-preorders only!	Little Wild Things Farm, District of Columbia

#### **PENNSYLVANIA**

App99	Apples, Golden, foodservice	Five Forks Produce, Waynesboro, PA <i>(many local vendors)</i>
App995	Apples, Red, foodservice	Five Forks Produce, Waynesboro, PA <i>(many local vendors)</i>
Arr02	Hydro Arugula 2 lb.	Lakeville Specialty Produce, Washingtonville, PA
Gre290	Red Sorrel, hydro	Lakeville Specialty Produce, Washingtonville, PA
Let23	Mache, hydro	Lakeville Specialty Produce, Washingtonville, PA
Let27	Mizuna, hydro	Lakeville Specialty Produce, Washingtonville, PA
Mus01	Button mushroom 10 lb.	C&M Mushrooms, Avondale, PA <i>(many local vendors)</i>
Mus17	Large mushroom 10 lb.	McDowell Mushroom, Nottingham, PA
Mus19	Medium mushroom 10 lb.	McDowell Mushroom, Nottingham, PA <i>(many local vendors)</i>
Mus23	Oyster Mushroom 5 lb.	McDowell Mushroom, Nottingham, PA <i>(many local vendors)</i>

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Mus27	3" Portabella Cap 5 lb.	C&M Mushrooms, Avondale, PA <i>(many local vendors)</i>
Mus28	XL Port. Caps 5 lb.	C&M Mushrooms, Avondale, PA
Mus295	XL Port. w/ Stem 5 lb.	McDowell Mushroom, Avondale, PA
Mus30	Large Port. w/ Stem 5 lb.	McDowell Mushroom, Avondale, PA <i>(many local vendors)</i>
Mus31	Shiitake Mushroom 3 lb.	McDowell Mushroom, Nottingham, PA <i>(many local vendors)</i>
Mus32	#2 Shitake 3lb.	McDowell Mushroom, Avondale, PA
Mus33	Special 40 oz. Mushroom	C&M Mushrooms, Avondale, PA <i>(many local vendors)</i>
Mus80	Sliced White ¼", 10 lb.	C&M Mushrooms, Avondale, PA <i>(many local vendors)</i>
Mus81	Sliced Cremini	McDowell Mushroom, Nottingham, PA <i>(many local vendors)</i>
Mus89	Sliced Shiitake	C&M Mushrooms, Avondale, PA
Pot44/444	Potato, 50 lb. Chipping	Bender Potato Co., Chambersburg, PA
Wat02	Hydro Upland Cress 2#	Lakeville Specialty Produce, Washingtonville, PA

### DELAWARE

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### NEW JERSEY

Let40	Corn Shoots, 4oz.	Arc Greenhouse, Shiloh, NJ
Pic01	Dill Pickles 5 gal.	Kaplan and Zubrin, Campden, NJ
Pic02	Pickle Spears 5 gal.	Kaplan and Zubrin, Campden, NJ
Pic06	Krinkle Cut Chips	Kaplan and Zubrin, Campden, NJ
Pic07	Kosher Midget Pickles	Kaplan and Zubrin, Campden, NJ
Sau02	Sauerkraut 5 gal.	Kaplan and Zubrin, Campden, NJ

### WEST VIRGINIA

Let41	Hydro Bibb Lettuce-Clamshells	Mock's Greenhouse, Berkeley Springs, WV <i>(many local vendors)</i>
Wat011	Hydro Watercress	Mock's Greenhouse, Berkeley Springs, WV

### VIRGINIA

App99	Apples, Golden, foodservice	Crown Orchards, VA, Parker Farms, VA <i>(many local vendors)</i>
App995	Apples, Red, foodservice	Crown Orchards, VA, Parker Farms, VA <i>(many local vendors)</i>
Her115	CERT. OG. Living Basil 12 ct. (OG or conv) —preorders only!	Fresh20 Growers, Stevensburg, VA
Let15	Hydro Loose Bibb Lettuce (OG or conv)	Fresh20 Growers, Stevensburg, VA <i>(many local vendors)</i>
Let161	Mixed Artisan Lettuces	Fresh20 Growers, Stevensburg, VA
Lett41	Hydro Bibb Lettuce-Clamshells	Fresh20 Growers, Stevensburg, VA
Let418	CERT. OG. Hydro green bibb-clam	Fresh20 Growers, Stevensburg, VA
	Hydro green and red Batavian, green and red oak leaf, red butter (OG or	Fresh20 Growers, Stevensburg, VA



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	conv)—preorders only!	
Let468	Local Asian lettuce mix	Bright Farms, Culpepper, VA
Pot172	Purple sweet potatoes	Wayne's Produce, Jarratt, VA
Spr04	Onion sprout, 12/3oz.	Snider's Sprouts, Springfield, VA
Spr05	Bean Sprouts 10 lb.	Snider's Sprouts, Springfield, VA <i>(many local vendors)</i>
Spr050	Bean Sprouts, 1 lb.	Snider's Sprouts, Springfield, VA <i>(many local vendors)</i>
Spr08	Alfalfa Sprouts 10/1 lb.	Snider's Sprouts, Springfield, VA
Spr09	Alfalfa Sprouts 5 lb.	Snider's Sprouts, Springfield, VA <i>(many local vendors)</i>
Spr10	Alfalfa Sprouts 12/4 oz.	Snider's Sprouts, Springfield, VA
Spr146	Sunflower microgreen	New Day Farms, Bealeton, VA
Spr147	Sunflower/kale microgreen	New Day Farms, Bealeton, VA
Spr148	Sunflower/radish microgreen	New Day Farms, Bealeton, VA

### DAIRY MARYLAND

Chs150	Allegheny Chevre Firefly Farms 9oz—preorders only!	Firefly Farms, Accident, MD
Chs1502	Black and Blue Wheel Firefly 5#—preorders only!	Firefly Farms, Accident, MD
Chs1504	Cabra La Mancha wheel Firefly 4-5#—preorders only!	Firefly Farms, Accident, MD
Chs1505	Allegheny Chevre Firefly Farms 4#—preorders only!	Firefly Farms, Accident, MD
Chs1506	FireFly cheese collection	FireFly Farms, Accident, MD
Chs151	5 lb. Aged Cheddar	Palmyra Farm, Hagerstown, MD
Chs1511	5 lb. Smoked Cheddar	Palmyra Farm, Hagerstown, MD
Chs1513	5 lb. Bacon Cheddar	Palmyra Farm, Hagerstown, MD
Chs153	5 lb. Goat Cheddar	Caprikorn Farms, Gapland, MD
Chs1530	5 lb. Goat Feta	Caprikorn Farm, Gapland, MD
Chs154	5 lb. Goat Gouda	Caprikorn Farms, Gapland, MD
Chs158	Merry Goat Round Firefly Farms 4/9oz—preorders only!	Firefly Farms, Accident, MD
Chs159	Mountain Top Blue Firefly Farms 4/9oz—preorders only!	Firefly Farms, Accident, MD
	smoked cheddar, bacon dill, smoked bacon dill, Italian, garlic and chive, gouda, Havarti, Chesapeake (10/8oz. or 5# block)—preorders only!	Whispering Breeze Farm, Taneytown, MD
Chs442	Cheddar, 5# block	Whispering Breeze Farm, Taneytown, MD
Chs444	Jalapeno cheddar, 5# block	Whispering Breeze Farm, Taneytown, MD
Chs445	Smoked cheddar, 5# block	Whispering Breeze Farm, Taneytown, MD

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### **PENNSYLVANIA**

Chs1342	Frozen Mozzarella Curd 6/4#	Caputo Bros. Creamery, Spring Grove, PA
Chs942	Ricotta, Whole Milk, 16/1#—preorders only!	Caputo Bros. Creamery, Spring Grove, PA
Dai03	Whole Goat Milk 6/.5 gal.	Trickling Springs Creamery, Chambersburg, PA
Dai062	Whole Milk 4/1 gal.	Kreider Farms, Manheim, PA
Dai10	Half & Half 16/1 qt.	Kreider Farms, Manheim, PA
Dai12	Buttermilk 16/1 qt.	Kreider Farms, Manheim, PA
Dai361	50x ½ pint choc. Milk 1%	Kreider Farms, Manheim, PA
Dai41	Unsalted Butter-Bulk	Trickling Springs Creamery, Chambersburg, PA
Dai443-449	Yogurt, plain and flavored 6/6oz and 6/1qt. —preorders only!	Pequea Farms via Trickling Springs Creamery, Chambersburg, PA
Egg09	Lg. Loose Egg 15 dz.	Kreider Farms, Manheim, PA
Egg10	Lg. Brown Cartons 15 dz.	Kreider Farms, Manheim, PA
Egg11	Hard Boiled Eggs 20 lb.	Nearby Eggs, Codorus, PA, Hillandale Farms, Hartley, DE
Egg12	XL Carton 15 dz.	Kreider Farms, Manheim, PA
Egg242	Lg. Eggs 15 dz. – <b>CAGE FREE</b>	E.K. Martin, Levitz, PA
Egg18	XL Loose Eggs 15 dz.	Nearby Eggs, Codorus, PA
Dai361	50x ½ pint choc. Milk 1%	Kreider Farms, Manheim, PA

### **REGIONAL**

Pot318	Fingerling	Scott Farms, Lucama, NC
Pot45	Steakhouse Sweet Potato	Scott Farms, Lucama, NC
Pot451	Sweet #1 Potato	Nash Produce, Nashville, NC
Pot454	Sweet Potato 90 ct.	Scott Farms, Lucama, NC
Pot455	70 count Sweets	Scott Farms, Lucama, NC
Pot456	12-3# Sweets	Scott Farms, Lucama, NC
Pot47	Jumbo Sweet Potato	Scott Farms, Lucama, NC
Pot49	White Sweet Potato	Scott Farms, Lucama, NC

### **LOCAL VALUE ADDED FOOD BUSINESS**

App54	4x 1 gal. filtered Cider	McCutcheons, Frederick, MD
App544	4x 1 gal. unfiltered Cider	McCutcheons, Frederick, MD
Jui01	4x 1 gal. cloudy apple juice	McCutcheons, Frederick, MD
Jui300	4x 64oz. liquid gold	Tasty6, Washington, D.C.
Jui301	4x 64oz. green delight	Tasty6, Washington, D.C.
Jui303	4x 64oz. beet supreme	Tasty6, Washington, D.C.
Jui305	4x 12oz. green delight	Tasty6, Washington, D.C.
Jui306	4x 12oz. beet supreme	Tasty6, Washington, D.C.
Jui307	4x 12oz. summer fresh	Tasty6, Washington, D.C.
Jui308	4x 64oz. cococomeric	Tasty6, Washington, D.C.
Jui309	4x 12oz. cococomeric	Tasty6, Washington, D.C.

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Jui310	4x 12oz. liquid gold	Tasty6, Washington, D.C.
Jui318	18x 8oz. liquid gold	Tasty6, Washington, D.C.
Jui319	18x 8oz. green delight	Tasty6, Washington, D.C.
Jui320	18x 8oz. summer fresh	Tasty6, Washington, D.C.
Jui321	18x 8oz. beet supreme	Tasty6, Washington, D.C.
May01	4x 1 gal. Duke's mayonnaise	The C.F. Sauer Company, Richmond, VA
May02	4x 1 gal. Gold Medal mayonnaise	The C.F. Sauer Company, Richmond, VA



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**Spring Forecasted Local Availability**

**\*\*SUBJECT TO CHANGE\*\* All dates are forecasts. Volumes and prices may vary significantly with farm. Consult with your sales rep for more info.**

Item	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Arugula 24ct												
Arugula, baby												
Asparagus												
Asparagus												
Asparagus												
Beets												
Baby Bok Choi												
Bok Choi												
Broccoli												
Cabbage												
Chard, swiss												
Collards												
Dandelion												
Endive												
Escarole												
Garlic												
Herbs												
Basil												
Cilantro												
Cilantro												
Dill												
Methi												
Mint												
Oregano												
Parsley												
Rosemary												
Sage												
Kale												
Kholrabi												
Leeks												
Lettuce, boston												
Lettuce, leafy												
Lettuce, spring mix												
Lettuce, super salad												
Onions, spring												
Radish												
Rhubarb												
Spinach, bunched												
Strawberries												
Turnips												