



## Coastal Sunbelt's local produce market report.

Week of May 21, 2018  
Katie Farnoly, Coastal Local Program



**\*\*Local Cases: 10,195 Local Dollars: \$157,488 (week of 5/8/18)\*\***

### New:

- Local kombucha, Wild Kombucha, MD. 6 different flavors, Kom01-Kom06. See MD table for more details.
- Local strawberries COMING SOON! Hope to have some by end of this week.

### Local News:

**Eastern Shore Farm Tour, Hummingbird Farms and Fifer Orchards, 5/23.** Join us this Wednesday for our spring local farm tour. Our itinerary has changed slightly. We'll be stopping at Hummingbird Farms first to check out her greenhouse tomatoes and then heading up to Delaware for lunch and local wine tasting at Pizzadili Vineyard and Winery. We'll then be picking strawberries at Fifer Orchards. Should be a great tour and families are welcome. Get your RSVPs in to Lindsey Marks or RSVP to your sales rep.





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### Current Local Availability List

\*\* (many local vendors): means this code is sourced by multiple local vendors. See other states to see who else is supplying this code

\*\* **Code in yellow**: means it is PARTIALLY sourced locally. If your order must be 100% local, you must contact your sales rep to see if we can hand-select guaranteed local product for you.

#### MARYLAND

Hon03	Honey 1 gal.	Apex Bee, Baltimore, MD
Hon06	1.5 or 2oz. raw honey	Apex Bee, Baltimore, MD—preorders only!
Let41	Hydro Bibb Lettuce - Clamshells	Baywater Greens, Salisbury, MD <i>(many local vendors)</i>
Let471	Springmix, clamshell	Baywater Greens, Salisbury, MD
Let221	Microgreens, rainbow, 8oz.—preorders only!	Baywater Greens, Salisbury, MD
Spr05	Sprout-Bean 10#	Yong Fa, Columbia, MD <i>(many local vendors)</i>
Spr050	Sprout-Bean 1#	Yong Fa, Columbia, MD <i>(many local vendors)</i>
Spr061	OG Sprout-Daikon 6/4oz.	Potomac Sprout Co., Thurmont, MD
Spr071	OG Sprout-Broccoli 6/4oz.	Potomac Sprout Co., Thurmont, MD
Spr09	Sprout-Alfalfa 5#	Yong Fa, Columbia, MD <i>(many local vendors)</i>
Spr091	OG sprout-alfalfa 5#	Potomac Sprout Co., Thurmont, MD
Spr25	Sprouts-clover 12/4oz.	Yong Fa, Columbia, MD
Spr26	Sprout-Clover 5#	Yong Fa, Columbia, MD
Tom148	Red cluster tomatoes	Hummingbird Farms, Ridgely, MD
Tom185	Green tomatoes	Hummingbird Farms, Ridgely, MD
Tom366	Mixed Cherry tomatoes	Hummingbird Farms, Ridgely, MD-LIMITED
Tom65	Heirloom tomatoes, local	Hummingbird Farms, Ridgely, MD-LIMITED
Tom682	Beefsteak tomatoes	Hummingbird Farms, Ridgely, MD

#### DISTRICT OF COLUMBIA

Mic671	Edible flowers, mixed, 35ct.	Little Wild Things Farm, District of Columbia
Mic672	Edible flowers, mixed, 200ct.	Little Wild Things Farm, District of Columbia
Mic771	Shoot salad, 1#	Little Wild Things Farm, District of Columbia
Spr117	Wheatgrass flat	Little Wild Things Farm, District of Columbia
	Coastal Collection-preorders only!	Little Wild Things Farm, District of Columbia

#### PENNSYLVANIA

App99	Apples, Golden, foodservice	Five Forks Produce, Waynesboro, PA <i>(many local vendors)</i>
<b>App995</b>	<b>Apples, Red, foodservice</b>	<b>Five Forks Produce, Waynesboro, PA <i>(many local vendors)</i></b>
Arr02	Hydro Arugula 2 lb.	Lakeville Specialty Produce, Washingtonville, PA
Gre290	Red Sorrel, hydro	Lakeville Specialty Produce, Washingtonville, PA
Let23	Mache, hydro	Lakeville Specialty Produce, Washingtonville, PA
Let27	Mizuna, hydro	Lakeville Specialty Produce, Washingtonville, PA
Mus01	Button mushroom 10 lb.	C&M Mushrooms, Avondale, PA <i>(many local vendors)</i>

Coastal Sunbelt Produce  
9001 Whiskey Bottom Rd.  
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Mus17	Large mushroom 10 lb.	McDowell Mushroom, Nottingham, PA
Mus19	Medium mushroom 10 lb.	McDowell Mushroom, Nottingham, PA ( <i>many local vendors</i> )
Mus23	Oyster Mushroom 5 lb.	McDowell Mushroom, Nottingham, PA ( <i>many local vendors</i> )
Mus27	3" Portabella Cap 5 lb.	C&M Mushrooms, Avondale, PA ( <i>many local vendors</i> )
Mus28	XL Port. Caps 5 lb.	C&M Mushrooms, Avondale, PA
Mus295	XL Port. w/ Stem 5 lb.	McDowell Mushroom, Avondale, PA
Mus30	Large Port. w/ Stem 5 lb.	McDowell Mushroom, Avondale, PA ( <i>many local vendors</i> )
Mus31	Shiitake Mushroom 3 lb.	McDowell Mushroom, Nottingham, PA ( <i>many local vendors</i> )
Mus32	#2 Shitake 3lb.	McDowell Mushroom, Avondale, PA
Mus33	Special 40 oz. Mushroom	C&M Mushrooms, Avondale, PA ( <i>many local vendors</i> )
Mus80	Sliced White ¾", 10 lb.	C&M Mushrooms, Avondale, PA ( <i>many local vendors</i> )
Mus81	Sliced Cremini	McDowell Mushroom, Nottingham, PA ( <i>many local vendors</i> )
Mus89	Sliced Shiitake	C&M Mushrooms, Avondale, PA
Pot44/444	Potato, 50 lb. Chipping	Bender Potato Co., Chambersburg, PA
Wat02	Hydro Upland Cress 2#	Lakeville Specialty Produce, Washingtonville, PA

### DELAWARE

Asp25	Asparagus, 11# standard	Fifer Orchards, Wyoming, DE
Asp251	Asparagus, standard 28#	Fifer Orchards, Wyoming, DE ( <i>many local vendors</i> )

### NEW JERSEY

Asp25	Asparagus, standard 28#	Various NJ farms (Leone) ( <i>many local vendors</i> )
Arr03	Arugula, case	Various NJ farms (Leone)
Bok04	Baby Bok Choy, bushel	Various NJ farms (Leone)
End01	Endive, Chicory	Various NJ farms (Leone)
Her50	Mint, case	Various NJ farms (Leone)
Let09	Escarole, 24 ct.	Various NJ farms (Leone)
Let40	Corn Shoots, 4oz.	Arc Greenhouse, Shiloh, NJ
Gre01	Dandelion greens	Various NJ farms (Leone)
Her23	Dill	Various NJ farms (Leone)
Her90	Methi Leaf	Various NJ farms (Leone)
Rad07	Radishes w/ tops	Various NJ farms (Leone)
Spi22	Spinach, baby 3#	Five Star (Leone)
PREORDER	Leeks, asparagus, cilantro, kohlrabi	Various NJ farms (Leone)

### WEST VIRGINIA

Let41	Hydro Bibb Lettuce-Clamshells	Mock's Greenhouse, Berkeley Springs, WV ( <i>many local vendors</i> )
Wat011	Hydro Watercress	Mock's Greenhouse, Berkeley Springs, WV

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### **VIRGINIA**

App99	Apples, Golden, foodservice	Crown Orchards, VA, Parker Farms, VA ( <i>many local vendors</i> )
App995	Apples, Red, foodservice	Crown Orchards, VA, Parker Farms, VA ( <i>many local vendors</i> )
Her115	CERT. OG. Living Basil 12 ct. (OG or conv) —preorders only!	Fresh20 Growers, Stevensburg, VA
Let15	Hydro Loose Bibb Lettuce (OG or conv)	Fresh20 Growers, Stevensburg, VA ( <i>many local vendors</i> )
Let161	Mixed Artisan Lettuces	Fresh20 Growers, Stevensburg, VA
Lett41	Hydro Bibb Lettuce-Clamshells	Fresh20 Growers, Stevensburg, VA
Let418	CERT. OG. Hydro green bibb-clam	Fresh20 Growers, Stevensburg, VA
	Hydro green and red Batavian, green and red oak leaf, red butter (OG or conv)—preorders only!	Fresh20 Growers, Stevensburg, VA
Let468	Local Asian lettuce mix	Bright Farms, Culpepper, VA
Pot172	Purple sweet potatoes	Wayne's Produce, Jarratt, VA
Spr04	Onion sprout, 12/3oz.	Snider's Sprouts, Springfield, VA
Spr05	Bean Sprouts 10 lb.	Snider's Sprouts, Springfield, VA ( <i>many local vendors</i> )
Spr050	Bean Sprouts, 1 lb.	Snider's Sprouts, Springfield, VA ( <i>many local vendors</i> )
Spr08	Alfalfa Sprouts 10/1 lb.	Snider's Sprouts, Springfield, VA
Spr09	Alfalfa Sprouts 5 lb.	Snider's Sprouts, Springfield, VA ( <i>many local vendors</i> )
Spr10	Alfalfa Sprouts 12/4 oz.	Snider's Sprouts, Springfield, VA
Spr146	Sunflower microgreen	New Day Farms, Bealeton, VA
Spr147	Sunflower/kale microgreen	New Day Farms, Bealeton, VA
Spr148	Sunflower/radish microgreen	New Day Farms, Bealeton, VA

### **DAIRY**

### **MARYLAND**

Chs150	Allegheny Chevre Firefly Farms 9oz—preorders only!	Firefly Farms, Accident, MD
Chs1502	Black and Blue Wheel Firefly 5#—preorders only!	Firefly Farms, Accident, MD
Chs1504	Cabra La Mancha wheel Firefly 4-5#—preorders only!	Firefly Farms, Accident, MD
Chs1505	Allegheny Chevre Firefly Farms 4#—preorders only!	Firefly Farms, Accident, MD
Chs1506	FireFly cheese collection	FireFly Farms, Accident, MD
Chs151	5 lb. Aged Cheddar	Palmyra Farm, Hagerstown, MD
Chs1511	5 lb. Smoked Cheddar	Palmyra Farm, Hagerstown, MD
Chs1513	5 lb. Bacon Cheddar	Palmyra Farm, Hagerstown, MD
Chs153	5 lb. Goat Cheddar	Caprikorn Farms, Gapland, MD
Chs1530	5 lb. Goat Feta	Caprikorn Farm, Gapland, MD
Chs154	5 lb. Goat Gouda	Caprikorn Farms, Gapland, MD

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Chs158	Merry Goat Round Firefly Farms 4/9oz—preorders only!	Firefly Farms, Accident, MD
Chs159	Mountain Top Blue Firefly Farms 4/9oz—preorders only!	Firefly Farms, Accident, MD
	smoked cheddar, bacon dill, smoked bacon dill, Italian, garlic and chive, gouda, Havarti, Chesapeake (10/8oz. or 5# block)—preorders only!	Whispering Breeze Farm, Taneytown, MD
Chs442	Cheddar, 5# block	Whispering Breeze Farm, Taneytown, MD
Chs444	Jalapeno cheddar, 5# block	Whispering Breeze Farm, Taneytown, MD
Chs445	Smoked cheddar, 5# block	Whispering Breeze Farm, Taneytown, MD

### DAIRY PENNSYLVANIA

Chs1342	Frozen Mozzarella Curd 24/1#	Caputo Bros. Creamery, Spring Grove, PA
Chs942	Ricotta, Whole Milk, 16/1#— preorders only!	Caputo Bros. Creamery, Spring Grove, PA
Dai062	Whole Milk 4/1 gal.	Kreider Farms, Manheim, PA
Dai10	Half & Half 16/1 qt.	Kreider Farms, Manheim, PA
Dai12	Buttermilk 16/1 qt.	Kreider Farms, Manheim, PA
Dai361	50x ½ pint choc. Milk 1%	Kreider Farms, Manheim, PA
Dai41	Unsalted Butter-Bulk	Trickling Springs Creamery, Chambersburg, PA
Dai443- 449	Yogurt, plain and flavored 6/6oz and 6/1qt. —preorders only!	Pequea Farms via Trickling Springs Creamery, Chambersburg, PA
Egg09	Lg. Loose Egg 15 dz.	Kreider Farms, Manheim, PA
Egg10	Lg. Brown Cartons 15 dz.	Kreider Farms, Manheim, PA
Egg11	Hard Boiled Eggs 20 lb.	Nearby Eggs, Codorus, PA, Hillandale Farms, Hartley, DE
Egg12	XL Carton 15 dz.	Kreider Farms, Manheim, PA
Egg242	Lg. Eggs 15 dz. — <b>CAGE FREE</b>	E.K. Martin, Levitz, PA
Egg18	XL Loose Eggs 15 dz.	Nearby Eggs, Codorus, PA
Dai361	50x ½ pint choc. Milk 1%	Kreider Farms, Manheim, PA

### REGIONAL

Pot318	Fingerling	Scott Farms, Lucama, NC
Pot45	Steakhouse Sweet Potato	Scott Farms, Lucama, NC
Pot451	Sweet #1 Potato	Nash Produce, Nashville, NC
Pot454	Sweet Potato 90 ct.	Scott Farms, Lucama, NC
Pot455	70 count Sweets	Scott Farms, Lucama, NC
Pot456	12-3# Sweets	Scott Farms, Lucama, NC
Pot47	Jumbo Sweet Potato	Scott Farms, Lucama, NC
Pot49	White Sweet Potato	Scott Farms, Lucama, NC



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**LOCAL VALUE ADDED FOOD BUSINESS**

App54	4x 1 gal. filtered Cider	McCutcheons, Frederick, MD
App544	4x 1 gal. unfiltered Cider	McCutcheons, Frederick, MD
Jui01	4x 1 gal. cloudy apple juice	McCutcheons, Frederick, MD
Kom01	Ginger-Grapefruit, 12 bt	Wild Kombucha, Lutherville-Timonium, MD
Kom02	Kombucha, Mango-Peach, 12 bt	Wild Kombucha, Lutherville-Timonium, MD
Kom03	Kombucha, Elderberry, 12 bt	Wild Kombucha, Lutherville-Timonium, MD
Kom04	Kombucha, Watermelon Hops, 12 bt	Wild Kombucha, Lutherville-Timonium, MD
Kom05	Kombucha, Tart Cherry-Ginger, 12 bt	Wild Kombucha, Lutherville-Timonium, MD
Kom06	Kombucha, Apple Spice, 12 bt	Wild Kombucha, Lutherville-Timonium, MD
May01	4x 1 gal. Duke's mayonnaise	The C.F. Sauer Company, Richmond, VA
May02	4x 1 gal. Gold Medal mayonnaise	The C.F. Sauer Company, Richmond, VA
Pic01	Dill Pickles 5 gal.	Kaplan and Zubrin, Campden, NJ
Pic02	Pickle Spears 5 gal.	Kaplan and Zubrin, Campden, NJ
Pic06	Krinkle Cut Chips	Kaplan and Zubrin, Campden, NJ
Pic07	Kosher Midget Pickles	Kaplan and Zubrin, Campden, NJ
Sau02	Sauerkraut 5 gal.	Kaplan and Zubrin, Campden, NJ



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**Summer Forecasted Local Availability**

**\*\*SUBJECT TO CHANGE\*\* All dates are forecasts. Volumes and prices may vary significantly with farm. Consult with your sales rep for more info.**

Item	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Apricots												
Arugula 24ct												
Beans, green						NC	VA	MD				
Beets												
Blackberries												
Blueberries												
Baby Bok Choi												
Bok Choi												
Cabbage												
Cabbage, red												
Cabbage, napa												
Cantaloupe												
Chard, rainbow and swiss												
Cherries												
Collards												
Cucumbers												
Dandelion												
Eggplant												
Endive												
Escarole												
Garlic												
Herbs												
Basil												
Chives												
Cilantro												
Cilantro												
Dill												
Methi												
Mint												
Oregano												
Parsley												
Rosemary												
Sage												
Thyme												
Kale												
Kale, tuscan												
Kholrabi												
Leeks												
Lettuce, spring mix												
Lettuce, super salad												
Nectarines												



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Item	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Okra												
Onions, sweet												
Onions, scallions												
Peas												
Peas, snap												
Pears (bosc, bartlett)												
Pears, Asian												
Peaches												
Peaches, donut												
Peppers, Green												
Peppers, cherry hot												
Peppers, cubanelle												
Peppers, Habanero Red												
Peppers, Habanero Orange												
Peppers, Jalapeno												
Peppers, long hot cayenne												
Peppers, Red												
Peppers, Shishito												
Peppers, Padron												
Plums												
Radish, daikon												
Spinach, Baby												
Spinach, bunched												
Squash, goldbar												
Squash, summer												
Squash, green patty pan												
Squash, yellow sunburst												
Squash blossoms												
Sweet Corn, yellow												
Sweet Corn, white												
Tomatoes, XL Hanover												
Tomatoes, XL Local												
Tomatoes, baby heirloom												
Tomatoes, red grape												
Tomatoes, Heirloom												
Tomatoes, roma												
Tomatoes, strawberry												
Tomatoes, red cherry												
Tomatoes, yellow cherry												
Tomatoes, yellow teardrop												
Watermelon, red												
Watermelon, yellow												